

# BALMAIN LITTLE ATHLETICS CENTRE

## STATE RELAY SPECIAL EDITION

It was a weekend of contrasts in weather but across 2 days of intense competition at Homebush our Little Athletes did the Club proud with stunning performances and incredible effort across the entire squad.

In total 1247 teams from across NSW battled it out in running, throwing and jumping relays – with 638 teams competing on the Junior Day (U8-U11) and 609 teams on the Senior Day (U12-U17). This included 26 Junior and 12 Senior teams from Balmain, our largest ever contingent at State Relays and almost double our figure for last year.

See pages 2 & 3 for a full run down of the results (or column right for the summary), but I am delighted to report that we came away with a total of 9 medals in our swag bag – including our first State Relay Gold medals in as long as anyone can remember.

With so many fantastic performances across the board it's hard to single anyone out for special attention, but I would like to especially congratulate the U10 age group who amassed 4 medals across their 7 events, and to commiserate with the U8 girls 4 x 100m team who crossed the line third in the final but were disqualified. Relays can be cruel, but girls please take heart from this year's U12 Girls squad who were disqualified as U9s & U10s, bounced back to take the bronze last year and this year ran a flawless race to win Gold in a time that was only 0.5 seconds outside the State record.

The officials complimented Balmain on the way the Club performed its duties, so many thanks to all the parents who volunteered to help with the running of events; And special thanks to Richard Chen, Peter Rand and Tim Batho who wrangled, coached, supported & cajoled our kids to these fantastic results. Your support was greatly appreciated.

David.



### Results Summary

#### 9 MEDALS

U11 Girls 4 x 100m GOLD  
 U11 Boys High/Long GOLD  
 U12 Girls 4 x 100m GOLD  
 U8 Boys 4 x 100m SILVER  
 U10 Boys High/Long SILVER  
 U10 Mixed 4 x 200m SILVER  
 U8 Mixed 4 x 200m BRONZE  
 U10 Girls High/Long BRONZE  
 U10 Boys Shot/Discus BRONZE

Almost one quarter of our 38 teams won a medal.

#### TRACK RELAYS

12 out of 19 teams made it through from the heats to the final.

#### FIELD RELAYS (No heats - all straight finals)

16 out of 19 teams finished in the top 10



**BALMAIN  
 LITTLE  
 ATHLETICS  
 CENTRE**

# STATE RELAY **FULL RESULTS** JUNIORS

| Age        | Event                      | Girls   |                         | Boys   |                         |
|------------|----------------------------|---|-------------------------|--|-------------------------|
| U8         | 4 x 100m                   | ELLEN MURPHY, ABIGAIL OMAGE<br>SIENNA JONES, AVA BROEKENHAUER                 | DQ<br>in final          | JOSHUA CHEN, ANGUS GOBRAN<br>JACKSON GEORGE, AIDAN GOW             | <b>SILVER<br/>MEDAL</b> |
| U8         | 4 x Long                   | HELENA MACARTHUR, ZOE LEROUX<br>MADDIE STEVENS, ELLA TANNER -BLACK            | 5th                     | PATRICK HUBBARD, LUKE HADDAD<br>ANDREW KOURIEL, ANGUS WILLIAMSON   | 9th                     |
| U8         | 2 x Shot Put<br>2 x Discus | BILLIE PALMER, NELLA ANJIEV<br>MAYA HAMMOND, HELENA MACARTHUR                 | 11th                    | ARLO MEREWETHER, ZACHARY SCHMIDT<br>HARRY BANKS, ALEXANDER HOWDIN  | 8th                     |
| U8         | Mixed<br>4 x 200m          | ELLEN MURPHY, ABIGAIL OMAGE   | <b>BRONZE<br/>MEDAL</b> | JOSHUA CHEN, ANGUS GOBRAN  | <b>BRONZE<br/>MEDAL</b> |
| U9         | 4 x 100m                   | MIA AZZI, PRESLEY VELLA<br>SABRINA TUTERI, MAIA DRAGICEVIC                    | 10 <sup>th</sup>        | LOUIS MAMMONE, MATTHEW BREWSTER<br>ALEC PETERSON, MAX RIDER        | 11th                    |
| U9         | 4 X Long                   |   |                         | DOMINIC WHITE, JAIDEN TIMPERI<br>BENJAMIN D'AGOSTINO, CHARLIE KING | 6th                     |
| U9         | 2 x Shot Put<br>2 x Discus | BRONTE PRENTICE, MOLLY WATSON<br>SAMANTHA CALLANAN, MAXI LIPIC<br>MACFADYEN   | 4th                     | THOMAS BRITTON, JAMES EGAN<br>WILLIAM GARSIDE, BENJAMIN INNES      | 6th                     |
| U9         | Mixed<br>4 x 200m          | MIA AZZI, PRESLEY VELLA   | 12th                    | MATTHEW BREWSTER, LOUIS MAMMONE                                    | 12th                    |
| U10        | 4 x 100m                   | ALESSIA DAL PANE, NONA WALNE<br>MISCHA BELUNEK, MADDISON JONES                | DQ                      | SAMUEL CHEN, OWEN DOUGLAS<br>NICK O'SHEA, SEBASTIAN PORTAS         | 10th                    |
| U10        | 2 x High<br>2 x Long       | TARINDHI FERNANDO, ANASTASIA<br>MICHALOPOULOS<br>RUBY WOODGATE, SIENNA EXCELL | <b>BRONZE<br/>MEDAL</b> | ABRAHAM OMAGE, JOSHUA HILL<br>LUCAS NEWMAN, PADDY MULVEY           | <b>SILVER<br/>MEDAL</b> |
| U10        | 2 x Shot Put<br>2 x Discus | CHLOE LOMBARDI, SASHA CASTILLO<br>KATIE SUTHERLAND, LAYLA ALEKNA              | 7 <sup>th</sup>         | OLIVER KLEPPICH, LIAM SPIROPOULOS<br>ABRAHAM OMAGE, LUCAS NEWMAN   | <b>BRONZE<br/>MEDAL</b> |
| U10        | Mixed<br>4 x 400M          | BETH CRAWFORD, TAMARA LENTHALL  | <b>SILVER<br/>MEDAL</b> | JACKSON MITCHELL-LANE, HENRIQUE LOUREIRO                           | <b>SILVER<br/>MEDAL</b> |
| U11        | 4 x 100m                   | ZARA-CLARE AZZI, CHLOE HARMAN<br>JASMINE COOK, BRIDGET CRICK                  | <b>GOLD<br/>MEDAL</b>   | OLIVER WHITE, MARCELLO PAUL<br>XAVIER LEE, THOMAS VIRGONA          | 5th                     |
| U11        | 2 x High<br>2 x Long       |   |                         | REUBEN WARNER VAN DIJK, JOSHUA WATSON<br>THEO KIDD, HARRY JONES    | <b>GOLD<br/>MEDAL</b>   |
| U11        | 2 x Shot Put<br>2 x Discus | CHARLOTTE LOWE, ANNIKA LEE<br>CLAUDIA LENEHAN, IMOGEN GOBRAN                  | 15th                    | SAM MURPHY, HARRY JONES<br>WILLIAM GUTHRIE, REUBEN WARNER VAN DIJK | 5th                     |
| U11        | Mixed<br>4 x 400m          | LUCY CRAWFORD, ZARA-CLARE AZZI  | 7th                     | BRUNO WILLIAMS, THOMAS VIRGONA                                     | 7 <sup>th</sup>         |
| U8-<br>U11 | 1 X 700<br>3 X 800         | EMILY BREWSTER, ADA RAND<br>ISABELLA MARDINI, CHELSEY JOHNSON                 | 10 <sup>th</sup>        |  |                         |

# STATE RELAY **FULL RESULTS** SENIORS

| Age | Event                | Girls   |                       | Boys  |      |
|-----|----------------------|---|-----------------------|---|------|
| U12 | 4 x 100m             | STEPHANIE POTTER, ELIZA SWANN<br>MATILDA SWANN, LILIE TYLER       | <b>GOLD<br/>MEDAL</b> | ISSAC SHARWOOD, JACOB HOGAN<br>LIAM ROY, HUGH ALDERSLEY           | 14th |
| U12 | 2 x Long<br>2 x High | STEPHANIE POTTER, ELIZA SWANN<br>LILIE TYLER, BIANCA BASILE       | 7th                   | KAI MIRABITO, OLIVER PORTAS<br>MATTHEW MADGWICK, JACKSON KAUFMANN | 11th |
| U13 | 4 x 100m             | LARA BOSNICH, FIFI LEVY-BELL<br>ELYSIA COOK, NINA CANNANE         | 4th                   |   |      |
| U13 | 2 x Long<br>2 x High |   |                       | JAMIE KARABESINIS, MASON WARD<br>NICKY KOHLRUSCH, NICKY WOODGATE  | 8th  |
| U14 | 4 x 100m             |   |                       | SOLOMON NIVISON-SMITH, CLUNY SIM<br>MATTHEW BASILE, JORDAN WILLIS | 13th |
| U14 | 2 x Long<br>2 x High |   |                       | JORDAN WILLIS, MATTHEW BASILE<br>SOLOMON NIVISON-SMITH, CLUNY SIM | 8th  |
| U15 | 4 x 100m             | MARNIE CLARKSON, ALEX KERR<br>MADDY KOHLRUSCH, CLEMENTINE LANDELS | 5th                   |   |      |
| U17 | 4 x 100m             |   |                       | JAKE OWENS, BRYN CHAPMAN<br>ETHAN WLLIS, MONTY HANNIFORD          | 7th  |
| U17 | 2 x High<br>2 x Long |   |                       | BRYN CHAPMAN, ETHAN WLLIS<br>JAKE OWENS, MONTY HANNIFORD          | 7th  |



Some final words of advice from President David Murphy to the U8 mixed 4 x 200m relay team in the marshall tent



Teams made good use of all the SOPAC facilities...as we see here with some pre-race practice on the concourse.

# BALMAIN ON THE ROSTRUM



**U8B 4 x 100** – Joshua Chen, Angus Gobran, Jackson George, Aiden Gow



**U11B Long High**- Reuben Warner Van Dijk, Joshua Watson, Theo Kidd, Harry Jones



**U8 Mixed 4 x 200** – Angus Gobran, Abigail Omage, Ellen Murphy, Josh Chen



**U11G 4 x 100** – Zara-Clare Azzi, Chloe Harman, Jasmine Cook, Bridget Crick



**U10B Long/High** - Joshua Hill, Lucas Newman, Paddy Mulvey, Abraham Omage,



**U12G 4 x 100m** – Stephanie Potter, Eliza Swann, Lily Tyler, Matilda Swann. Clearly those go-faster-stripe-socks did the trick, girls!



**U10 Mixed 4 x 400** - Beth Crawford, Jackson Mitchell-Land, Tamara Lenthall, Henrique Loureiro

*Apologies to our U10G jumpers and U10B throwers – we didn't get a picture of you on the dais. If anyone did, please send it in and we can put it in the next issues of the newsletter ☺*

# BLACK AND GOLD IN ACTION



A flying start from Maddie Kohlrusch in the U15G 4x100 final, speeding the team on their way to a 5<sup>th</sup> place finish.



Guts and glory in the U11G 4 x 100: Zara-Claire Azzi, taking the baton in 4<sup>th</sup> place and crossing the line in a dead heat for 1<sup>st</sup>.



Amazing finishing by Jackson Mitchell Lane in another display of pure determination to bring the U10 Mixed 4 x 400m team home for Silver.



Henrique Loureiro & Tamara Lenthall prove that practice makes perfect with a smooth baton change in the U10 Mixed 4 x 400



Text book timing as Monty Hanniford passes to Bryn Chapman in the U17B 4 x 100



More smooth changing from Sebastian Portas to Owen Douglas in the U10B 4 x 100



Maya Hammond shows great form and strength in the U8G shot put.



Powerhouse Will Guthrey on his way to a great put in the U11B shot.



Emily Brewster powering away from her competitor in the home straight of Junior Girls 4 x Middle Distance

## FUN AND FRIENDSHIP



Fantastic team spirit on display in the stands as the Juniors wait out the 90minute lightning delay.



U12 &U13 Girls sprint squads get VIP guest Sally Pearson to sign their spikes before their finals.



U11B sprint squad take a leaf out of Usain Bolt's pre-race routine book & hang loose in marshalling. (Oliver White, Xavier Lee, Thomas Virgona, Marcello Paul)



Louis Mammone & Arlo Merewether enjoy some downtime in the stands.



Paddy Mulvey & Lucas Newman soak up the stadium atmosphere before jumping their way to a Silver Medal in the U10B high jump.



Ellen Murphy demonstrates that there's nothing better than a cuddle with Dad after a long day of competition.